

# Aragon Frosh-Soph Invite 2017



Running Events		M		Time	Hts
Evt	Event	G	R		
1	800m SMR	M	...	3:30 PM	2
3	3200m Run	M	...	3:43 PM	2
5	4x800m Rly	M	...	4:41 PM	2
7	S.H.R.	M	...	5:32 PM	2
9	100m Dash	M	...	5:49 PM	1
11	100m WC	M	...	5:54 PM	2
13	1600m DMR	M	...	6:00 PM	1
15	400m Dash	M	...	6:14 PM	1
17	400m WC	M	...	6:20 PM	1
19	4x200m Rly	M	...	6:28 PM	2
21	110m HH	M	...	6:43 PM	4
23	800m Run	M	...	7:04 PM	2
25	200m Dash	M	...	7:22 PM	1
27	200m WC	M	...	7:26 PM	1
29	400m IH	M	...	7:33 PM	1
31	1600m Run	M	...	7:44 PM	1
33	4x100m Rly	M	...	8:00 PM	2
35	4x400m Rly	M	...	8:10 PM	1

Running Events		W		Time	Hts
Evt	Event	G	R		
2	800m SMR	W	...	3:36 PM	2
4	3000m Run	W	...	4:12 PM	2
6	4x800m Rly	W	...	5:06 PM	2
8	S.H.R.	W	...	5:39 PM	2
10	100m Dash	W	...	5:51 PM	1
12	100m WC	W	...	5:57 PM	2
14	1600m DMR	W	...	6:07 PM	1
16	400m Dash	W	...	6:17 PM	1
18	400m WC	W	...	6:24 PM	1
20	4x200m Rly	W	...	6:35 PM	2
22	100m HH	W	...	6:52 PM	4
24	800m Run	W	...	7:13 PM	2
26	200m Dash	W	...	7:24 PM	1
28	200m WC	W	...	7:29 PM	1
30	400m LH	W	...	7:37 PM	1
32	1500m Run	W	...	7:52 PM	1
34	4x100m Rly	W	...	8:05 PM	2
36	4x400m Rly	W	...	8:17 PM	1

\*All athletes must Check In with clerk 30 minutes prior to start of running event.

\*Spikes must be 1/4" or less

Field Events		M		Time	Flts
Evt	Event	G	R		
37	High Jump	M	....	10:45 AM	2
39	Pole Vault	M	....	11:00 AM	2
41	Long Jump	M	....	10:30 AM	2
43	Triple Jump	M	....	10:45 AM	3
45	Shot Put	M	....	11:00 AM	3
47	Discus	M	....	10:45 AM	2
49	Javelin	M	....	10:30 AM	2
51	Hammer	M	....	2:30 PM	1

Field Events		W		Time	Flts
Evt	Event	G	R		
38	High Jump	W	....	12:00 PM	4
40	Pole Vault	W	....	9:30 AM	4
42	Long Jump	W	....	11:30 AM	4
44	Triple Jump	W	....	9:30 AM	4
46	Shot Put	W	....	12:30 PM	4
48	Discus	W	....	9:30 AM	4
50	Javelin	W	....	11:30 AM	5
52	Hammer	W	....	3:45 PM	5

\*All athletes must Check In with clerk 30 minutes prior to start of field event.