



# 6th Annual - Bob Whitehouse Invitational



## Running Events

Evt	Event	G/D	R	Time	Hts
1	4x800m Rly	G	... F ...	2:30 PM	1
2	4x800m Rly	B	... F ...	2:43 PM	1
3	100m HH	G	... F ...	2:57 PM	3
4	110m HH	B	... F ...	3:08 PM	3
5	100m Dash	G	... F ...	3:19 PM	4
6	100m Dash	B	... F ...	3:25 PM	4
7	400m Dash	G	... F ...	3:31 PM	4
8	400m Dash	B	... F ...	3:43 PM	4
9	3200m Run	G	... F ...	3:55 PM	1
10	3200m Run	B	... F ...	4:12 PM	1
<b>Lunch Break</b>				4:26 PM	
11	800m Run	G	... F ...	4:56 PM	2
12	800m Run	B	... F ...	5:04 PM	2
13	300m LH	G	... F ...	5:13 PM	4
14	300m IH	B	... F ...	5:27 PM	3
15	200m Dash	G	... F ...	5:38 PM	4
16	200m Dash	B	... F ...	5:48 PM	5
17	1600m Run	G	... F ...	6:00 PM	1
18	1600m Run	B	... F ...	6:11 PM	2
19	4x100m Rly	G	... F ...	6:29 PM	2
20	4x100m Rly	B	... F ...	6:35 PM	2
21	4x400m Rly	G	... F ...	6:41 PM	2
22	4x400m Rly	B	... F ...	6:54 PM	2

## Field Events

Evt	Event	G/D	R	Time	Flts
23	High Jump	G	... F ...	12:00 PM	1
25	Shot Put	G	... F ...	1:30 PM	2
27	Triple Jump	G	... F ...	3:00 PM	2
29	Pole Vault	G	... F ...	1:00 PM	1
31	Discus	G	... F ...	12:00 PM	2
33	Long Jump	G	... F ...	12:00 PM	2
24	High Jump	B	... F ...	1:30 PM	2
26	Discus	B	... F ...	1:30 PM	2
28	Long Jump	B	... F ...	1:30 PM	2
30	Shot Put	B	... F ...	12:00 PM	2
32	Triple Jump	B	... F ...	4:30 PM	2
34	Pole Vault	B	... F ...	3:00 PM	1

\*\*Girls High Jump - South D-zone

\*\*Boys High Jump - North D-zone

### Boys Teams

Bellevue East  
 Bennington  
 Bryan  
 Central  
 Creighton Prep  
 Elkhorn South  
 Gretna  
 Lincoln High  
 North  
 Papillion La Vista S.

### Girls Teams

Bellevue East  
 Bennington  
 Burke  
 Bryan  
 Central  
 Elkhorn South  
 Gretna  
 Lincoln High  
 South  
 North  
 Northwest  
 Papillion La Vista  
 South

\*\*\*ONLY 1/8" Spike may be worn

\*\*Girls events will run before boys.

\*\*We will run ahead of schedule when possible.

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 Athletic Director -  
 (402) 557-3100